

**Is a family member or close friend struggling with a mental health condition, leaving you frustrated?**

**Join Us for an Educational Class that changes lives.**



Join us for a FREE 9-week educational program for families, significant others, and friends of people with mental health conditions that addresses: Communication skills, up-to-date information on mental health conditions and how they affect the brain, crisis management, current treatments and therapies, and more.

Every Thursday 5/4/23—6/29/23  
6:00 PM to 8:30 PM

The Hope Center  
845 N. Maple Street  
Marysville

To register call 937-340-4144 or [www.NotAloneOhio.org/registration](http://www.NotAloneOhio.org/registration)



NAMI Mid-Ohio is a provider for and receives funding from the Mental Health & Recovery Services Board of Union County.