



MONARCH MARKET NOW OPEN!!

This resource is available to any student who may need additional food at home. The Monarch Market has all day, every day stations set up inside the Guidance Office and outside Mrs. Welk's room (D152). Students can stop by anytime to grab a free bag of groceries or individual needed food items. There will also be stations set up inside the main entrance and also on the 1st floor in B Hallway (near Entrance A) every Friday at the end of the school day. The stations will have bags of food set up for students to grab and go as they are leaving the building.

FOOD ITEMS NEEDED

- Canned Meat (tuna, chicken, etc.)
- Peanut Butter
- Heat and eat meals (i.e. easy mac, ramen, spaghettios, etc.)
- Soup
- Oatmeal packets
- Canned fruit/fruit cups
- Canned veggies
- Quick sides (instant mashed potatoes, pasta roni, rice a roni)
- Snacks (granola/cereal bars, pop tarts, snack crackers)



**THE MONARCH
MARKET RELIES
HEAVILY ON
GENEROUS
DONATIONS
FROM MHS
STAFF, FAMILIES
AND THE
COMMUNITY!**

The Monarch Market is a collaboration between the MHS Inner Club Council, FFA and Mrs. Welk's Vocational Skills Classes. Any questions/donations can be directed to Lindsay Welk at MHS. (LJWelk@mevsd.us)