



FREE Online Parenting Support During COVID-19

Parenting is hard – especially in these times of COVID-19. Let us help with free online parenting support through the Positive Parenting Program (Triple P). Triple P is for parents and caregivers (grandparents, other relatives, guardians, etc.) of children from birth through age 8. Learn how to get more of the behavior you like from your children and less of what you don't.

Here's What We Are Offering in January:

- ✓ Initial call to discuss behavior concerns and parenting support options
- ✓ One-on-One parenting strategies and support
- ✓ Zoom Parent Workshops on:
 - **Tuesday, January 12th from 5:30-7:30 PM**, Developing Good Bedtime Routines
 - **Thursday, January 14th from 6:00-8:00 PM**, Dealing with Disobedience
 - **Monday, January 18th from 5:30-7:30 PM**, Hassle-free Shopping
 - **Tuesday, January 19th from 6:00-8:00 PM**, Managing Fighting & Aggression
- ✓ Online Self-guided modules sharing parenting strategies with ongoing support from Triple P team

*****Gift Card Incentives Provided for Participation*****

TO REGISTER:

Call or email Action for Children at
614-382-2445 or ayles@actionforchildren.org

Action for Children



Ohio Children's Trust Fund
Ohio's Prevent Child Abuse America Chapter



NATIONWIDE CHILDREN'S
When your child needs a hospital, everything matters.™