



Parenting is hard.
Let us help!

Parents, Stay Positive!

FREE, 5-Week Course

For parents and caregivers (grandparents, other relatives, guardians, etc.) of children from birth through age 8.
Learn how to get more of the behavior you like from your children and less of what you don't.

DATE: Wednesdays, December 16th - January 13th

TIME: 6:00-8:00 PM

LOCATION: Zoom

Classes will cover:

- The power of positive parenting techniques
- What causes kids' behaviors
- Setting goals for change
- Tips on how to reconnect with your child and build your positive relationship
- Giving directions kids are likely to follow
- Recognizing progress and planning for the future

Each participant will also have 3 one-on-one phone sessions with the group leaders to make the information *really* work for their families.

TO SIGN UP: Call or Email Arla Lyles at (614)382-2445/ alyles@actionforchildren.org

*****\$20.00 Holiday Gift Cards provided for each class in December*****

***** Additional \$80.00 Gift Card provided for completing group*****

Action for Children



Ohio Children's Trust Fund
Ohio's Prevent Child Abuse America Chapter



NATIONWIDE CHILDREN'S
When your child needs a hospital, everything matters.™