



MARYHAVEN®

Helping People Restore Their Lives®

New Programming: Youth Walk In SBIRT

SBIRT: Screening Brief Intervention, and Referral to Treatment

Screening, Brief Intervention, and Referral to Treatment (SBIRT) is an evidence-based practice used to identify, reduce, and prevent problematic use, abuse, and dependence on alcohol and illicit drugs. The SBIRT model was incited by an Institute of Medicine recommendation that called for community-based screening for health-risk behaviors, including substance use.

SBIRT CONSISTS OF THREE MAJOR COMPONENTS:

Screening: Maryhaven staff assess a youth's risk for substance use behaviors or other behavioral health issues using standardized screening tools. Recommendation for appropriate level of care will be had with youth and parents.

Brief Intervention: Maryhaven staff engages the youth that demonstrates from the screening tools risky substance use behaviors or other behavioral health concerns in a short conversation, providing feedback, advice, education, and recommendations regarding any concerns. These concerns and recommendations will be shared with parents/guardians post intervention.

Referral to Treatment: Maryhaven staff provide facilitation of referral to therapy or additional education and/or treatment for the youth whose screen indicates a need for this level of care.

Youth SBIRT Walk-In Hours

Monday 9am-5pm

Tuesday 9am- 5pm

Wednesday 9am-5:30pm

Thursday 9am-7pm

Friday 9am-12pm

During this time, Maryhaven staff will use multiple screening tools to evaluate youth for any mental health and/or substance use concerns. Upon completion of the screen the results will be reviewed with the youth and parent/guardian/caregiver. Recommendations for the level of service intervention will be discussed at this time. The SBIRT services are supported by funding from the Union County Mental Health and Recovery Board. I understand there will be no cost to my child or my family.

Additionally, if a recommendation for treatment is made, the screener will assist me in connecting to services. Any recommendations to treatment will be billed through insurance.

Maryhaven at the Mills Center

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24 Hr. Crisis Hotline: 1-800-731-5577