

Route 33 PreSchool

"MAKING FITNESS FUN"

Who: Boys and Girls Ages 3-5

What: 30 Min exercise program geared towards increasing body awareness, basic coordination, and developing fine & gross motor skills.

When: Every Thursday at 11:30 am

Why: Because squatting like a frog, climbing like a monkey & jumping like a superhero makes FITNESS FUN!!!

Check us out on Facebook:
Route33Kids

Email for more info:
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